

DISTRICT #205 NOVEMBER NEWSLETTER

News from the Superintendent/High School Principal, Mr. Fennell:

Good Day!

Welcome to November!

I would like to thank all of you that came to Parent/Teacher Conferences. If you were unable to make conferences, please call the office and set up a meeting time with any of our teachers.

First quarter is behind us! The end of the quarter marked the midpoint of the semester for our high school students. This is an indicator for how the semester is going. I hope that your student's progress is going as expected. If not, we need to set a time to meet with all your student's teachers. All the teachers are here before and after school to work with any student that comes in for help. Feel free to give them a call.

We had assemblies to recognize students for their performance. We recognized those with no behavioral referrals, not being on the AIL (Academic Improvement List) and being on the Honor Roll and High Honor Roll as well. We recognized the students that did well on the standardized tests from last year.

Veterans' Day is Tuesday, November 11. Mr. Zambrovitz has been working on a ceremony with the American Legion Post for the morning starting at 9:30 a.m. It will include our band and choir at the Veterans' Memorial. The gym will be used if need be due to weather. Please join us in honoring our veterans.

I would like to express my appreciation to the extra-curricular students and their efforts in the fall sports. You have worked very hard in the classroom and in the activity, and it does not go unnoticed. Keep up the hard work and enjoy the activity and the camaraderie that it brings. THANK YOU!

IMEA District Festival in DeKalb is on Saturday, November 19.

The junior high boys have already started their basketball season. Their schedule is on the school website. The high school winter sports are getting ready to gear up. The high school girls' basketball team will host their tournament starting November 14. The boys start the first week of December. The cold weather is here and coming to an inside basketball game is a nice way to spend an evening watching our young athletes. Take a look at the calendar and set aside a night to come watch them play. The popcorn is good and so is the company!

Schools in Illinois are required to print a School Report Card every year to share with their constituents. Information on that report card shows student achievement at various grades, attendance rates, drop-out rates, demography of staff and students, etc. The information from the Warren School District is then compared to information from the State. In the past we gave the School Report Card to the parents at Parent/Teacher Conferences. Now the State is requesting that the School Report Card be put on our web page. If you go to our site at: www.205warren.net, you will be able to go to the "Board Link" at that site, and check out our report card. Because the information is now available on line, we will not be sending the School Report Card home. You can call the school at 745-2653 to request a copy if you so desire.

We have been having fundraisers for our sports programs with the golf outing and the Casey's cards. I would like to thank all of you for participating in these endeavors. Over the past 4 years the Education Fund has decreased approximately 27% in expenditures. Athletics is a part of that fund. Prior to this year, the Athletic budget decreased 3%. I commend Mr. Renz and our coaches for stepping up and decreasing their supply demands to the budget and coming up with these alternatives. It does make a difference in the classroom. Please show your support to these efforts whenever possible. We have a great school and athletic programs for our students.

This year the Lutheran Church is in charge of the annual Thanksgiving service. They have set the service for 7:00 p.m. on Sunday, November 20 in the high school gymnasium. We hope to see you there to give thanks for all that is positive in our lives.

Have a safe and Happy Thanksgiving!

News from Warren Elementary School and Jr. High School Principal, Mrs. Calow:

I spent time in the last few weeks talking to the Kindergarten thru 8th grade classrooms about behavior at after-school functions. We specifically talked about sporting events and concerts. We had great discussions, and I am proud to say that we have had a considerable improvement in the behavior since our conversations.

Hopefully your child shared with you the expectations for them while at after-school functions. If not, I will briefly go over what we discussed. Your help in supporting good behavior at after-school events is greatly appreciated.

- Students know they come to games/concerts to watch the event. Therefore, they need to be seated in the gym to watch.
- Before and after the game, halftime, and intermission are times students can be up for drinks, bathroom breaks, and concessions.
- Students Third Grade and under should stay seated with their parent or the adult they came with.

- Students above Third Grade should find a seat for the event and remain in that seat. This makes the event more enjoyable for all who are there to watch it. In the past, we have had complaints about children running around during the events.

We have found that, by teaching the expectations, the desired behaviors increases. The children also know that the game/event supervisors will be looking for “Good Behavior”. We will be passing out “Gotchas” to those who are following the expectations. Students were told what would happen if they choose not to follow the behavior expectation. Below you will see the consequences.

- First Offense: The student will receive a warning for running around, loitering in the Commons, seat jumping, etc.
- Second Offense: The student will receive an assigned seat for the night by the game/event supervisor.
- Third Offense: The student and game/event supervisor will talk to the parent about the behavior. If the parent is not present, a phone call will be made that night or the next school day.
- Fourth Offense: The student will lose some privileges of attending games/events.

I am very proud of the students’ ability to turn their behavior around so quickly since our classroom conversations. I have already passed out “Gotchas” for good behavior. Again, I encourage you to review the expectations with your child.

News from the Chorus Director, Mrs. Bourquin and the Band Director, Mrs. Krahe:

Congratulations to all students who auditioned for, and to the following students who were selected for the IMEA District 8 Festival in DeKalb on November 19th.

High School Choir: Kody Kaiser
Austin VenHuizen

Junior Mixed Choir: Kristina Capp
Morgan Krupke
Dakota Mackall
Jacob Reynolds

Junior Treble Choir: JoAnna Dillon
Analiesa Harbach
Hayley Smith

High School Band: Miranda Davis - Flute
Aaron McInturff - French Horn

Junior High Band: Meagan Cosgrove - French Horn
Miranda Heagney - Alto Saxophone

The Senior High Choir and the Junior High Band will be performing at the annual Community Thanksgiving Service on Sunday, November 23rd, at 7:00 PM. Please join us to give thanks for our many gifts.

The Warren Junior High Chorus will be performing a Christmas Variety Show for the Fall Music Presentation on December 2, 2011 in the High School Gym at 7:00 PM. It includes lots of talented 6-8th graders, showing their skills at singing, dancing and comedy. Please join us for an evening of fun and our famous "cheesecake intermission!"

News from the High School Librarian, Mrs. Hoff:

In November we will have Family Read Night for grades K-6. Family Reading Night, sponsored by Jesse White, Secretary of State and State Librarian, and the Illinois Center for the Book, is an annual statewide event that encourages families to spend quality time reading together. This year's Family Reading Night is scheduled for **November 17, 2011** from 6:30-7:30. During this event we will have stories, snacks, and a crafts for the children. We will also ask everyone participating to bring a book, for the book exchange. The public library and the school library will be sponsoring the program. Thank you to Mrs. Jenifer Carter, Director of Warren Public Library, and Summer Gurdek, Children's Department.

We are also participating in the Rebecca Caudill program. Students read five of the selected twenty books and in March vote for their favorite book. Most of the books are located in the elementary library, and a few of the selection is in the jr/sr high school. After the voting we will have a pizza party.

Another program we are participating in is Read for a Lifetime. High school students are participating in this program. Students again have a selection of books to choose from, and must read at least four from the list. The students will receive a certificate from the Illinois State Library.

I have been very happy with the participation in both of these programs. We can be very proud of our students.

Do not forget our **Happy Birthday Book Donation** program for our elementary and junior high students. Any questions on this program please contact Mrs. Stiefel in the elementary library or Mrs. Hoff district librarian.



**WARREN Jr-Sr HIGH
PHYSICAL EDUCATION DEPARTMENT NEWS**

Blue Ribbon Program Award Winner for Curriculum 2011-2016

Warren does it again!!!!!!!!!!!!!!!!!!!!!!!!!!!!
Please watch for a special presentation in Warren in the fall!!!!

Warren's 6-12 grades have been awarded the Blue Ribbon for curriculum excellence from the Illinois Association of Physical Education, Health, Recreation and Dance!

The following students have been acknowledged for exemplary performance for this month. This includes perfect attendance, dressing out daily, effort, sportsmanship, skill and written testing, participation and a fine attitude.

Students of the Month for October!

- 7 PE: Alex Boelk
- 8 PE: Ryleanne Stuckey ☺
- HSPE Gunner Wenger ☺
- Strength Training: Suzanna Thompson☺

Senior Seminar

Senior Seminar is a part of the curriculum for Seniors only. Seminar subjects include projects, written work and webquest participation, etc. Seniors must complete three of the four quarterly assignments. The first one this fall was kind of a scavenger hunt. Students had to find Mrs. Barker's "What's Up" web page and surf the net. The assignment was called "Fitness Consumerism". This was a very interesting and enlightening project. To check it out, <http://www.205warren.net/Teacher%20Pages/Jan.Barker/WHATSUP.htm>

FALL FIT-TESTING

The Fit Test consists of Pull-ups, Standing Long Jump, 40 Yard Dash, 300 Yard Shuttlerun, Bench Press, Sit and Reach and Sit-ups. Students earn points by their bodyweight classifications.

High School
Cullen Connors 150
JT Barker 164
Krystal Francis 143
Caleb Cherry 123
Jordyn Hicks 99
Sara Schwoob 114

Jim Curran 111
Kyle Smith 110
Jr. High
Emma Riedl 126
Dylan Roberts 84
Chandler Hansen 94

Quarter 1 Max Tests!

BENCH PRESS

Cullen Connors 230
Zach Hicks 220
JT Barker 205
Dylan Riggle 200
Tyler Runkle 160
Blake Freese 155
Bryan Tesach 155
Tim Holland 150
Nick Mackall 140

DECLINE BENCH

Cullen Connors 250
JT Barker 180
Aaron McInturff 190
Blake Freese 160

INCLINE BENCH

Tyler Runkle 135
Brian Sanderson 100
Emily Ortman 70

SLED

Zach Hicks 782
Adam Ortman 782
Dylan Riggle 512
Tyler Runkle 452
Emily Ortman 382

SQUAT

JT Barker 270
Cullen Connors 315
Time Holland 270
Nick Mackall 270
Aaron McInturff 450
Blake Freese 270
Emily Ortman 210

DEAD LIFT

Bryan Tesack 245
Blake Freese 225
Emily Ortman 200

Strength Training

New this year is tri-training. Students are working different pairs of muscle groups three times in a row. For example, chest and back, shoulders and arms, legs and core. Students perform two or three exercises three times without rest. Strength Training students began the unit with Progressive Overload, Weightroom Terminology and Safety. Our motto this year should be "This Year We Sweat"!! Next students will be learning muscles of the body, Muscular Fitness and measuring their VO2 Max. KEEP UP THE GREAT WORK!!

SPEEDBALL

Jr. High and High School classes have been playing Speed ball. It is a vigorous game played using a soccer ball. A variety of ball handling techniques are employed. The ball may be kicked and dribbled with the feet as in Soccer, caught and thrown or juggled as in Basketball, and punted or kicked as in Football! This is a very multi-faceted game with many rules and regulations. The students have gotten very good at it. In fact, we are playing with different size balls to increase the challenge.

Quarter 1 Writing Assignments

PE and Strength Training students were asked to bring in articles relating to Obesity and the health concerns about it. Each student brought in an article and then exchanged it with another student. Their task was to summarize the article and include how Physical Education classes can help to combat this issue. **Great effort! Did you know that Illinois is the PE State??!!** Physical Education is required of each student, EVERY YEAR, every day, in every school. Each year we fight the battle of PE waivers. In order to maintain good health, at least 30 minutes of exercise is deemed necessary daily. **WAY TO GO ILLINOIS!!!**

FIRST QUARTER P.E. POINT LEADERS

Students input their own points into the Excel Program on the computer. Students accumulate points from every sport, activity, and tournament that they participate in. At the end of the school year, students with the most points for the year will have their names engraved on a perpetual plaque which is located in the lobby of the gymnasium. They are also recognized at our annual Award's Night.

7 PE

Emma Riedl 113

Brian Holland 155

8 PE

Ryleanne Stuckey 173

Josh Broshous 122

HSPE

Cynthia Waters 277

Brett Vondra 381

CONGRATULATIONS!!!

What's next in P.E. class???

12 minute run, Cardiovascular Fitness, Volleyball, Riverview Visit and Tabata Training.



Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Oct. 31 Cereal Toast Fruit Margarine/Jelly/P.B. 100% Juice White/Chocolate Milk	Nov. 1 Breakfast Pizza Fruit 100% Juice White/Chocolate Milk	Nov. 2 Pancake and Sausage on a Stick Syrup Fruit 100% Juice White/Chocolate Milk	Nov. 3 Breakfast Bagel Fruit 100% Juice White/Chocolate Milk	Nov. 4 Peanut Butter and Jelly Sandwich Fruit 100% Juice White/Chocolate Milk
Nov. 7 Cereal Toast Fruit Margarine/Jelly/P.B. 100% Juice White/Chocolate Milk	Nov. 8 Breakfast Pizza Fruit 100% Juice White/Chocolate Milk	Nov. 9 Ultimate Breakfast Round 100% Juice White/Chocolate Milk	Nov. 10 Egg Patty on English Muffin Fruit Margarine/Jelly/P.B. 100% Juice White/Chocolate Milk	Nov. 11 Breakfast Bar Catsup Fruit 100% Juice White/Chocolate Milk
Nov. 14 Cereal Toast Fruit Margarine/ Jelly/P.B. 100% Juice White/Chocolate Milk	Nov. 15 Breakfast Pizza Fruit 100% Juice White/Chocolate Milk	Nov. 16 French Toast Sticks Syrup Fruit 100% Juice White/Chocolate Milk	Nov. 17 Breakfast Bagel Fruit 100% Juice White/Chocolate Milk	Nov. 18 Peanut Butter and Jelly Sandwich Fruit 100% Juice White/Chocolate Milk
Nov. 21 Cereal Toast Fruit Margarine/ Jelly/P.B. 100% Juice White/Chocolate Milk	Nov. 22 Breakfast Pizza Fruit 100% Juice White/Chocolate Milk	Nov. 23 Ultimate Breakfast Round Fruit 100% Juice White/Chocolate Milk	Nov. 24 Happy Thanksgiving	Nov. 25 No School
Nov. 28 Cereal Toast Fruit Margarine/ Jelly/P.B. 100% Juice White/Chocolate Milk	Nov. 29 Breakfast Pizza Fruit 100% Juice White/Chocolate Milk	Nov. 30 Pancakes Syrup Fruit 100% Juice White/Chocolate Milk		



Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Oct. 31 <u>Main Menu:</u> Chicken Nuggets Hash Brown Lettuce / Dressing Fruit Cocktail Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Pizza Bar	Nov. 1 <u>Main Menu:</u> Totally Taco Max Snax Corn Applesauce Cake Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Potato Bar	Nov. 2 <u>Main Menu:</u> Ham or Tuna on Bun Baked Beans Pears Bar Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Taco Bar	Nov. 3 <u>Main Menu:</u> Pork Roast Mashed Potatoes/Gravy Green Beans Strawberries Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Salad Bar	Nov. 4 <u>Main Menu:</u> Max Cheese Stix Spaghetti Sauce Mixed Vegetables Apple Slices ~ Cookie Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Sandwich Bar
Nov. 7 <u>Main Menu:</u> Salisbury Steak Mashed Potatoes / Gravy Green Beans Pineapple Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Pizza Bar	Nov. 8 <u>Main Menu:</u> Chicken Sticks Rice Carrots Pears Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Potato Bar	Nov. 9 <u>Main Menu:</u> Pizza Patty on Bun Cauliflower Peaches Jello / Topping Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Taco Bar	Nov. 10 <u>Main Menu:</u> Chicken Wrap Lettuce/Tomato/Cheese Peas Mandarin Oranges Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Salad Bar	Nov. 11 <u>Main Menu:</u> Cheese Quesadilla Salsa / Sour Cream Corn Fruit Cocktail ~ Cookie Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Sandwich Bar
Nov. 14 <u>Main Menu:</u> Mini Corn Dogs Baked Beans Macaroni Salad Fruit Cocktail Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Pizza Bar	Nov. 15 <u>Main Menu:</u> Soft Shell Taco Lettuce/Tomato/Cheese Applesauce Graham Snack Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Potato Bar	Nov. 16 <u>Main Menu:</u> Creamed Chicken over Mashed Potatoes ~Vegetables Mandarin Oranges Cherry Pie Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Taco Bar	Nov. 17 <u>Main Menu:</u> Ham Patty on Bun Coleslaw Mixed Vegetables Peaches Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Salad Bar	Nov. 18 No Lunch School Improvement Day
Nov. 21 <u>Main Menu:</u> Bar-B-Que on Bun Tater tots Broccoli Orange Wedges Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Pizza Bar	Nov. 22 <u>Main Menu:</u> Pizza Vegetables / Dip Green Beans Pears ~ Cookie Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Potato Bar	Nov. 23 <u>Main Menu:</u> Sausage Patty Pancakes Orange Juice Applesauce Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Taco Bar	Nov. 24 Happy Thanksgiving	Nov. 25 No Lunch
Nov. 28 <u>Main Menu:</u> Chicken Patty on Bun Peas Pears ~ Cookie Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Pizza Bar	Nov. 29 <u>Main Menu:</u> Chili ~ Cheese Crackers Vegetables Applesauce~Pudding Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Potato Bar	Nov. 30 <u>Main Menu:</u> Sliced Ham Scalloped Potatoes Carrots Pineapple Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Taco Bar		

November Ala-Carte Menu

October 31	Pretzel / Cheese Sauce
November 01	Soup / Crackers
November 02	Hot Pocket
November 03	Stuffed Crust Pizza
November 04	Chicken Sticks
November 07	Soup / Crackers
November 08	Ham Patty on Bun
November 09	Hot Pocket
November 10	French Bread Pizza
November 11	Pretzel / Cheese
November 14	Pretzel / Cheese Sauce
November 15	Hot Pocket
November 16	Soup / Crackers
November 17	Pretzel / Cheese Sauce
November 18	No Lunch - Sip Day
November 21	Hot Pocket
November 22	Pretzel / Cheese Sauce
November 23	Soup / Crackers
November 24	Happy Thanksgiving
November 25	No School
November 28	Pretzel / Cheese Sauce
November 29	Stuffed Crust Pizza
November 30	Soup / Crackers