

District #205 February Newsletter

News from the Superintendent/High School Principal, Mr. Fennell:

Good Day!

If you, as a parent, have not requested a user ID and received a temporary password at this time for the INOW web-based grading program, you may email Mrs. Thompson to get it. If you do not have internet access, please send a written request to the school's office to have midterms and report cards mailed to you. INow for Parents is an excellent way to keep up on what is happening with grades for your children. I also realize that sometimes you need to talk to a live person because of questions or concerns. Teachers are available from 7:30 – 8:00 a.m. or from 3:15 - 3:30 p.m. Feel free to call them during those times or call the school to schedule a meeting. They are more than willing to sit down and answer your questions. Call the appropriate people to discuss any issues you might have. Teachers and administrators want to work with you to help your child.

Please make sure that your students know the safety precautions that they can use in being out in this weather, such as proper clothing for the weather, car maintenance, and extra clothing in the car if they are drivers. The days are getting longer, but winter is hanging on.

ISAT testing will be from March 5th to the 16th. A schedule will be coming out in February. We have been working hard all year covering the materials needed at each level for this test. The test serves as a measuring device for us to compare our students' achievements with other students in the state and nation. We also use it to help instruction at an individual level as well as grade level. We ask that you encourage your student to do their best in preparing for and in taking the test.

A tip, at home, kids should study a little at a time. Resting a while after study helps them process information. At the same time, students need to take responsibility for their own homework! Generally speaking, it is a good idea to make your child responsible for his or her own homework assignments. If you are the parent of a youngster who has a learning disability or serious academic problems, you may need to provide some assistance. In most cases, however, children should do their own assignments. In this way, your child will learn responsibility, accountability, and self-discipline.

The School Board has set the High School graduation date for May 12 this year.

I would like to thank the Sr. High Pep Band and Mrs. Krahe for their performance at the home games. In addition, I would like to thank all the fans that are positive supporters of sportsmanship for the efforts that our teams put forth.

The Jr. High girls' basketball season is on its way. Please check the website calendar for games. The High School girls' basketball team's regional play starts the week of February 7. We will be playing Stockton on Monday night. The High School boys' basketball regional play starts

February 21. The High School academic team is in full swing. The games are listed on the calendar.

It is sometimes not easy to decide whether your child should be in school when they have a cold or otherwise are not feeling well. A rule of thumb is to keep your child at home when:

- Fever is present. With day care, you have little choice. Most facilities won't accept a child with a fever.
- Other symptoms are compelling. A continual cough is disruptive. A pre-schooler with a profusely runny nose might also be better off at home.

Parents cannot raise children alone nor can we solve all problems, but our working together will help all of our students to be successful. So again, I remind you to call the school and talk to the teacher if you have any questions or concerns.

Have a great February! Happy Valentine's Day!

News from the Middle School/Elementary School Principal, Mrs. Calow:

News from Warren Junior High

Congratulations to Owen Bennett, the winner of the 2012 Warren Junior High Geography Bee. The competition was very hard but Owen was able to pull ahead by correctly identifying The Gulf of Mexico. A special thank you goes out to Miss Phelps for organizing this event for the Junior High Students.

The Junior High Students will next participate in a District Spelling Bee. 6th-8th Graders will compete in their classes. The top students in each class will then compete against each other at our District Bee, which will be held on Wednesday, February 8th starting at 12:25. The first and second place winners will go on to participate in a Regional Spelling Bee held in Pearl City.

The Junior High Students have been busy preparing for the ISAT Test. The ISAT Test will begin on Tuesday, March 6th. Classroom teachers have been reviewing key skills in the areas of reading and math as well as science.

The Junior High Students will have a Bullying Presentation on February 9th in the morning. This presentation is sponsored by the Juvenile Justice Organization. This organization has done a wonderful job funding presentations on Bullying throughout our local area. Bringing in speakers is expensive and I thank the organizations that have made this a priority for our school district.

News from Warren Elementary School

We start the month with presentations by Riverview in the preschool thru 5th Grade classes. Preschool will learn about Body Safety and the 1st thru 5th Graders will have Bullying Presentations. Amy Doolittle is the instructor from Riverview Center. She does an outstanding job discussing such important matter with our students. Please talk to your children after school on Thursday and reinforce the good ideas they heard from Mrs. Doolittle.

Tuesday, February 7th, we are hoping to go skiing with the 3rd-5th graders. With the warmer weather lately we hope that there is still snow at Chestnut. Our preference is to have some natural snow. The man- made snow can get very icy to ski on. If plans change about skiing there will be an All Call.

The Learning Fair is schedules for February 10th from 5:30-6:30 in the Multi-Purpose Room. This is a time change from the initial information that went out. Pizza will be sold in the cafeteria from 5:00-6:30. If you are participating in the Learning Fair the set up times will be 3:30-4:30 on February 9th and from 7:30-8:30 on February 10th. Everyone is welcome to come to the Learning Fair. It is a fun event to attend and see the projects that the students have worked on. We hope to see you there.

Our Valentine's Day Parties will be on February 14th. We also have a Ventriloquist Bullying Program that will be performed at 2:00 on the 14th. This event is sponsored by the PTO. It promises to be an entertaining and educational program for all that attend.

Lastly, the 3rd thru 5th graders are busy gearing up for the ISAT Test, which will be held the first two weeks in March. We will have some exciting activities to get the students ready for the big test the last week of February.

WARREN Jr-Sr HIGH
PHYSICAL EDUCATION DEPARTMENT NEWS
Blue Ribbon Program Award Winner for Curriculum 2011-2016

The following students have been acknowledged for exemplary performance for this month. This includes perfect attendance, dressing out daily, effort, sportsmanship, skill and written testing, participation and a fine attitude.

Students of the Month for January!

7 PE: Cody Hynek☺

8 PE: Miranda Heagney ☺

HSPE: Dylan McKee☺

Strength Training: Brett Vondra☺

Leaders!

BLUE RIBBON CELEBRATION!

Warren's 6-12 grades have been awarded the Blue Ribbon for curriculum excellence from the Illinois Association of Physical Education, Health, Recreation and Dance!

Big night for Warren 6-12 Physical Education!!!!!!!!!!!!!!!!!!!!!!!!!!!!!! Holly Gansz, President of the Illinois Association for Health, Physical Education, Recreation and Dance came from Park Ridge, IL to present the Blue Ribbon plaque and banner. SPECIAL THANKS to the Cheerleaders, Pom Squad, and Pep Band. Your support was awesome and enjoyed by all!

We couldn't be prouder!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

ECLIPSE BALL is a favorite game of our Jr.-Sr. High student body. Eclipse Ball is a relatively new racquet sport that combines elements from both tennis and volleyball. While the game has not yet garnered enough attention for players to compete at a professional level, it has certainly been recognized as an engaging team sport that is fun for people of all ages and skill levels. It is played to twenty-one points and teams must win by three points. "Play-it" situations automatically make the score double and you need not be the serving team to win the points. It is now played in all fifty states and in Canada. While the Jr. High students are still in a six-team double elimination tournament....High School 8th hour class has finished a five team double elimination tournament. The following were the winners of the tournament!

DEANNA CAPP, JACOB FROSHOUS, BRANDI RADASZEWSKI, AUSTIN PAX,
TYLER BENNETT, AND ROBIN LEVITSKI

WAY TO GO!!!!!!!!!!!!

Jr. High P.E. Classes Study the Muscles in the

“Muscle Madness” Unit

Seventh and Eighth graders are studying the major muscle groups not only in P.E. but in Science class too! We are working on brain-based learning in which students have been running relays to remember muscle names and where they are located. Also, diet and nutrition have been discussed in the unit.

Strength Training

The third quarter means heavier and longer lifting sessions than first semester. The following are the current units along with circuit training. Students have been designing their own circuits for every Wednesday’s warm-up!

APF Unit-Adaptations to Resistance Training
Physiology of Stretching
Chapter 10 –Improving Your Muscular Fitness

H.S.P.E. Classes Go Ice Skating!

9-12 grades traveled to Monroe, WI to the Stateline Ice Rink for a skating field trip. Special thanks to the ladies who ran the concessions for great food and hospitality! Thanks also to all students who went. This was an excellent trip and we discovered we have some very good ice skaters!!

What's next in P. E. class???

Food and Nutrition Unit, Muscular Strength Unit, and Kinball!!



Breakfast Menu



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| | | <p>Feb. 1</p> <p>Pancake and Sausage on a Stick Fruit</p> <p>100% Juice White/Chocolate Milk</p> | <p>Feb. 2</p> <p>Waffle Sticks Fruit</p> <p>100% Juice White/Chocolate Milk</p> | <p>Feb. 3</p> <p>Egg Patty on English Muffin Fruit</p> <p>100% Juice White/Chocolate Milk</p> |
| <p>Feb. 6</p> <p>Cereal Toast Margarine/ Jelly</p> <p>100% Juice White/Chocolate Milk</p> | <p>Feb. 7</p> <p>Breakfast Pizza Fruit</p> <p>100% Juice White/Chocolate Milk</p> | <p>Feb. 8</p> <p>French Toast Sticks Syrup Fruit</p> <p>100% Juice White/Chocolate Milk</p> | <p>Feb. 9</p> <p>Breakfast Bagel Fruit</p> <p>100% Juice White/Chocolate Milk</p> | <p>Feb. 10</p> <p>Pancakes Fruit</p> <p>100% Juice White/Chocolate Milk</p> |
| <p>Feb. 13</p> <p>Cereal Toast Margarine/ Jelly</p> <p>100% Juice White/Chocolate Milk</p> | <p>Feb. 14</p> <p>Breakfast Pizza Fruit</p> <p>100% Juice White/Chocolate Milk</p> | <p>Feb. 15</p> <p>Sausage Gravy over Biscuit Fruit</p> <p>100% Juice White/Chocolate Milk</p> | <p>Feb. 16</p> <p>Breakfast Bar Fruit</p> <p>100% Juice White/Chocolate Milk</p> | <p>Feb. 17</p> <p>Waffle Sticks Syrup Fruit</p> <p>100% Juice White/Chocolate Milk</p> |
| <p>Feb. 20</p> <p>No School</p> | <p>Feb. 21</p> <p>Breakfast Pizza Fruit</p> <p>100% Juice White/Chocolate Milk</p> | <p>Feb. 22</p> <p>Ultimate Breakfast Round Fruit</p> <p>100% Juice White/Chocolate Milk</p> | <p>Feb. 23</p> <p>Sausage Patty Toast Fruit</p> <p>100% Juice White/Chocolate Milk</p> | <p>Feb. 24</p> <p>Peanut Butter and Jelly Sandwich Fruit</p> <p>100 % Juice White/Chocolate Milk</p> |
| <p>Feb. 27</p> <p>Cereal Toast Margarine/ Jelly</p> <p>100% Juice White/Chocolate Milk</p> | <p>Feb. 28</p> <p>Breakfast Pizza Fruit</p> <p>100% Juice White/Chocolate Milk</p> | <p>Feb. 29</p> <p>Pancake and Sausage on a Stick Fruit</p> <p>100% Juice White/Chocolate Milk</p> | | |



Lunch Menu



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|
| | | Feb. 1 <u>Main Menu:</u> Sliced Ham on Bun Smiley Face Potatoes Peas Peaches Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Taco Bar | Feb. 2 <u>Main Menu:</u> Chicken Wrap Lettuce /Tomato Onion/Cheese Fresh Fruit Apple Dessert Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Salad Bar | Feb. 3 <u>Main Menu:</u> Pizza Cauliflower Carrots / Celery Pineapple Cookie Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Sandwich Bar |
| Feb. 6 <u>Main Menu:</u> Spaghetti Meat Sauce Peas Peaches Garlic Bread Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Pizza Bar | Feb. 7 <u>Main Menu:</u> Chicken Nuggets Potato Wedges Applesauce Pudding Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Potato Bar | Feb. 8 <u>Main Menu:</u> Pizza Patty on Bun Corn Fruit Cocktail Cookie Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Taco Bar | Feb. 9 <u>Main Menu:</u> Soft Shell Taco Lettuce /Tomato Onion/Cheese Mandarin Oranges Cake Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Salad Bar | Feb. 10 <u>Main Menu:</u> Chicken Noodle Soup Crackers Grilled Cheese Sandwich Carrots/Celery Pears Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Sandwich Bar |
| Feb. 13 <u>Main Menu:</u> Totally Taco Max Snax Sour Cream / Salsa Broccoli Peaches Cake Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Pizza Bar | Feb. 14 <u>Main Menu:</u> Chicken Patty on Bun Hash Brown Mixed Vegetables Fruit Cocktail Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Potato Bar | Feb. 15 <u>Main Menu:</u> French Toast Sticks Sausage Patty Orange Juice Applesauce Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Taco Bar | Feb. 16 <u>Main Menu:</u> Hot Dog or Polish Sausage on Bun Baked Beans Pears Bar Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Salad Bar | Feb. 17 No Lunch SIP Day |
| Feb. 20 No School President's Day | Feb. 21 <u>Main Menu:</u> Salisbury Steak Mashed Potatoes Gravy Corn Mandarin Oranges Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Potato Bar | Feb. 22 <u>Main Menu:</u> Max Cheese Stix Spaghetti Sauce Green Beans Peaches Cherry Dessert Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Taco Bar | Feb. 23 <u>Main Menu:</u> Baked Ham Scalloped Potatoes Carrots Pineapple Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Salad Bar | Feb. 24 <u>Main Menu:</u> Cheese Quesadilla Sour Cream / Salsa Rice Peas Fruit Cocktail Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Sandwich Bar |
| Feb. 27 <u>Main Menu:</u> Hamburger on Bun French Fries Corn Peaches Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Pizza Bar | Feb. 28 <u>Main Menu:</u> Mini Corn Dogs Carrots Pears Jello / Topping Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Potato Bar | Feb. 29 <u>Main Menu:</u> Creamed Chicken Mashed Potatoes Gravy Peas Mandarin Oranges Bread/Margarine~Milk <u>JrSr High Alternate Menu:</u> Taco Bar | | |

February Ala-Carte Menu

- Feb. 01 Hot Pocket
- Feb. 02 Stuffed Crust Pizza
- Feb. 03 Soup / Crackers

- Feb. 06 Soup / Crackers
- Feb. 07 Hot Pocket
- Feb. 08 Popcorn Chicken
- Feb. 09 Stuffed Crust Pizza
- Feb. 10 Pretzel / Cheese Sauce

- Feb. 13 Pretzel / Cheese Sauce
- Feb. 14 Soup / Crackers
- Feb. 15 Bar-B-Que Chicken on Bun
- Feb. 16 Hot Pocket
- Feb. 17 **No Lunch / Sip Day**

- Feb. 20 **No School / President's Day**
- Feb. 21 Hot Pocket
- Feb. 22 Soup / Crackers
- Feb. 23 French Bread Pizza
- Feb. 24 Pretzel / Cheese Sauce

- Feb. 27 Soup / Crackers
- Feb. 28 Pretzel / Cheese Sauce
- Feb. 29 Brat Patty on Bun

February 2012

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------------|------------------------------------|---|---|--|--|--|
| | | | I 1 6:00 PM HS GBB vs West Carroll | 2 4:15 PM JH GBB @ Galena 6:00 PM HS BBB vs Galena Groundhog Day | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | II Warren Youth Sports - Main Gym - 9,10,11, and Noon |
| | | | -----VS GBB Regionals (2/6-2/10)----- | | | |
| 12 Lincoln's Birthday | 13 4:15 PM JH GBB vs Belmont | 14 6:00 PM V BBB vs Shullsburg Valentine's Day | 15 | 16 4:15 PM JH GBB @ River Ridge HS Academic Meet vs Lena-Winslow | 17 6:00 PM HS BBB vs River Ridge SENIOR NIGHT | 18 Jr. High Solo + Ensemble |
| 19 | 20 President's Day | 21 4:15 PM JH GBB vs Shullsburg | 22 Washington's Birthday | 23 | 24 | 25 Warren Youth Sports - 9,10,11, and Noon |
| | | | -----VS BBB Regional (2/20- 2/24)----- | | | |
| 26 | 27 | 28 4:15 PM JH GBB vs Galena | 29 | | | |