

2010 WEIGHTLIFTING SCHEDULE

Mon. May 24	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Crystal Barker Rich Allvin
Wed. May 26	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Erin Jordan Dale Calow
Fri. May 28	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Erin Jordan
Wed. June 2	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Steph Sertle Ryan Hahne
Fri. June 4	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Steph Sertle Dale Calow
Mon. June 7	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Nate Mullen
Wed. June 9	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Francis Fennell Joel Wild
Fri. June 11	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Jim Nielsen Ryan Hahne
Mon. June 14	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Steph Sertle Rich Allvin
Wed. June 16	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Steph Sertle Ryan Hahne
Fri. June 18	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Steph Sertle Ryan Hahne
Mon. June 21	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Crystal Barker Dale Calow
Wed. June 23	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Francis Fennell Joel Wild
Fri. June 25	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Crystal Barker Ryan Hahne
Mon. June 28	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Dee Dee Calow Rich Allvin
Wed. June 30	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Francis Fennell Nate Mullen

Fri.	July 2	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Ashley Wills Mitch Toay
Mon.	July 5	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Ashley Wills Dale Calow
Wed.	July 7	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Ashley Wills Nate Mullen
Fri.	July 9	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Ashley Wills Mitch Toay
Mon.	July 12	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Jim Nielsen Rich Allvin
Wed.	July 14	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Jim Nielsen Joel Wild
Fri.	July 16	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Jim Nielsen Ryan Smith
Mon.	July 19	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Crystal Barker Nolan Mullen
Wed.	July 21	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Crystal Barker Francis Fennell
Fri.	July 23	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Crystal Barker
Mon.	July 26	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Erin Jordan Rich Allvin
Wed.	July 28	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Ashley Wills Nate Mullen
Fri.	July 30	8 a.m. - 10 a.m. 7 p.m.- 9 p.m.	Mitch Toay
Mon.	Aug. 2	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Nate Mullen
Wed.	Aug. 4	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Crystal Barker Nollan Mullen
Fri.	Aug. 6	8 a.m. - 10 a.m. 7 p.m. - 9 p.m.	Crystal Barker Ryan Smith