



## Illinois High School Association

(For 2010-11 School Term)

(Revised 3/12/10)

### Key Provisions Regarding IHSAA Rules

#### Eligibility Rules

When you become a member of an interscholastic team at your high school, you will find that both your school and the IHSAA will have rules you must follow in order to be eligible for interscholastic participation. The IHSAA's rules have been adopted by the high schools which are members of IHSAA as part of the Association's constitution and by-laws. They must be followed as minimum standards for all interscholastic athletic competition in any member high school. Your high school may have additional requirements, but they may not be less stringent than these statewide minimums.

The principal/official representative of your school is responsible to see that only eligible students represent the school in interscholastic competition. Any question concerning your eligibility should be referred to your principal/official representative, who has a complete copy of all IHSAA eligibility rules, including the Association's due process procedure. Only the IHSAA Executive Director is authorized to make formal rulings on eligibility, so if your principal/official representative has questions or wishes assistance in answering your questions, the principal/official representative should contact the IHSAA Office.

Information contained here highlights only the most important features of the IHSAA by-laws regarding interscholastic eligibility. It is designed to make you aware of major requirements you must meet to be eligible to compete in interscholastic competition. The information here is only a general description of major by-law provisions and does not contain the statement of the by-laws in their entirety. You can review the by-laws at [www.ihsaa.org](http://www.ihsaa.org).

You may lose eligibility for interscholastic competition if you are not

in compliance with IHSAA by-laws. Remember, if you have any questions regarding IHSAA rules, please contact your principal/official representative.

#### 1. Attendance

- A. You may represent only the school you attend. Participation on a cooperative team of which your school is a member is acceptable.
- B. You must be enrolled and attending classes in your high school no later than the beginning of the 11th school day of the semester.
- C. If you attend school for ten (10) or more days during any one semester, it will count as one of the eight (8) semesters of high school attendance during which you may possibly have eligibility.
- D. If you have a lapse in school connection for ten (10) or more consecutive school days during a semester, you are subject to ineligibility for the rest of the semester. The specific terms of your extended absence must be reviewed by the Executive Director to determine if it is "lapse in school connection" or not.

#### 2. Scholastic Standing

- A. You must pass twenty (20) credit hours of high school work per week. Generally, twenty (20) credit hours is the equivalent of four (4) .5 credit courses (two full credits).
- B. You must have passed and received credit toward graduation for twenty (20) credit hours of high school work for the entire previous semester to be eligible at all during the ensuing semester.

#### 3. Residence

Your eligibility is dependent on the location of the residence where you live full time with your parents, parent who has been assigned custody by the court, or court appointed legal guardian.

You may be eligible if you are entering high school as a freshman and:

- A. You attend the public high school in the district in which you live full time with both of your parents, custodial parent or court appointed guardian; or
- B. In the case of a multiple school district, you attend the public high school in the attendance area where you live full time with your parents, custodial parent or court appointed guardian; or

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- C. You have paid tuition to attend a public school for a minimum of 7th and 8th grades in a district other than the one where you live with your parents, custodial parent or court appointed guardian and you continue to pay tuition as a high school student in that same district; or
  - D. You attend a private/parochial school located within the boundaries of the public school district where you live with your parents, custodial parent or court appointed guardian; or
  - E. You attend a private/parochial high school and have attended a private/parochial school for 7th and 8th grades, or for any four (4) grades from kindergarten through eighth grades; or
  - F. You attend the private/parochial high school which one or both of your parents attended; or
  - G. You attend a private/parochial high school located within a thirty (30) mile radius of the residence where you live with your parents, custodial parent or court appointed guardian.
- 4. Transfer**
- A. In all transfer cases, both the principal of the school from which you transfer and the principal of the school into which you transfer must concur with the transfer in writing on a form provided by the IHSA Office. ***You cannot be eligible when you transfer until this form is fully executed and on file in the school office.***
  - B. If you transfer after classes begin for the current school term, you will definitely be ineligible for thirty days from the date you start attending classes at the new high school. In addition, you will be ineligible for that entire school term in any sport in which you engaged in any team activity, including but not limited to tryouts, drills, physical practice sessions, team meetings, playing in a contest, etc. at the school from which you transferred. For example, if you were out for cross country at the school from which you transfer and transfer after classes have started for the school term, you will be ineligible for cross country that entire school term at the new school.
  - C. If you transfer attendance from one high school to another high school, you will be ineligible unless:
    - 1. Your transfer is in conjunction with a change in residence by both you and your parents, custodial parent or court appointed guardian from one public school district to a different public school district;
    - 2. Your transfer is between high schools within a public school district and both you and your parents, custodial parent or court appointed guardian change residence to the district attendance area for the school to which you transfer;
    - 3. Your transfer is from a private/parochial school to your home public high school, you are entering a public high school for the first time, and the principals of both your former and the new school concur with your transfer;
    - 4. Your transfer is from one private/parochial school to another private/parochial school located within a thirty (30) mile radius of the residence where you live with your parents, custodial parent or court appointed guardian, you are changing high schools for the first time, and the principals of both your former and the new school concur with your transfer;
    - 5. Your parents are divorced or legally separated; you transfer to a new school in conjunction with a modification or other change in legal custody between your parents by action of a judge; and required court documents are on file at the school into which you transfer;
  - D. If you transfer in conjunction with a change in legal guardianship, a ruling on your eligibility must be obtained from the IHSA Office.
  - E. If you transfer attendance from one school to another while you are ineligible for any reason, the period of ineligibility imposed prior to your transfer or the period of ineligibility that would have been imposed had you stayed at the school, will be enforced at the school to which you transfer, even if you are otherwise in compliance with the by-laws.

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F. Any questions about your eligibility in any of these instances must be resolved by a formal ruling from the IHSA Executive Director.

G. In all other transfer situations, a ruling by the IHSA Executive Director is necessary to determine your eligibility. This ruling must be obtained in writing by the principal/official representative of the school into which you transfer before you participate in an interscholastic athletic contest.

### 5. Age

You will become ineligible on the date you become twenty (20) years of age, unless your twentieth (20th) birthday occurs during a sport season. In that case, you will become ineligible in regard to age at the beginning of the sport season during which your twentieth (20th) birthday occurs.

### 6. Physical Examination

You must annually have placed on file with your principal/official representative a certificate of physical fitness, signed by a licensed physician, physician's assistant or nurse practitioner in order to practice or participate. Your physical examination each year is good for only one (1) year from the date of the exam. The physician's report must be on file with your high school principal/official representative.

### 7. Amateur Status

A. If you win or place in actual competition, you may accept a medal or trophy for that accomplishment, without limit to its cost. Your school may provide IHSA state champions with championship rings/mementoes.

B. For participating in competition in an interscholastic sport, or for athletic honors or recognition in a sport, you may receive any type of award (except cash, check or legal tender) that does not exceed \$75 fair market value. There is no limitation on the value of your school letter.

C. The amateur rule does not prohibit you from being paid to referee, receiving pay for teaching lessons or coaching in a little kids league, etc. It only applies to your own competition in an athletic contest.

D. If you violate the amateur rule, you become ineligible in the sport in which you violate. You must be reinstated by the Executive Director before you may compete again.

### 8. Recruiting of Athletes

A. The by-laws prohibit recruiting of high school students for athletics. If you are solicited to enroll in or transfer to a school to participate in athletics, you are being illegally recruited and your eligibility is in jeopardy.

B. You will lose your eligibility if you enroll in or transfer to a school in response to recruiting efforts by any person or group of persons, connected with or not connected with the school, related to athletic participation.

C. You will lose your eligibility if you receive special benefits or privileges as a prospective student-athlete which are not uniformly made available to all students who attend your school.

D. You may not receive an "athletic scholarship" or any other special benefit from your school because you participate in athletics.

E. It is a violation for any student-athlete to receive or be offered remuneration or any special inducement which is not made available to all applicants who apply to or enroll in the school.

F. It is also a violation to induce or attempt to induce or encourage any prospective student to attend any member school for the purpose of participating in athletics, even when special remuneration or inducement is not given. Please remember that you may not be offered or receive any benefit, service, privilege or opportunity which is not also provided or made available to all prospective students at that school.

Note: If you are interested in finding out more information about a school, contact the principal/official representative or an administrator at the school, not a member of the coaching staff.

### 9. School Team Sports Seasons

A. Each sport conducted by IHSA member schools has a starting and ending date. Your school may not organize a team, begin practice or participate in contests in a given sport until the authorized starting date. Your school may not continue to practice or participate in

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contests after the authorized ending date. This means that:

1. During the school year, you may not participate on a non-school team coached by any member of your school's coaching staff unless it meets specific criteria established by the by-laws.
  2. No school coach may require you to participate in an out-of-season sport program as a requirement for being a member of a school team.
- B. Violation of the sport season-by-laws will result in penalty to you and/or to your school's coaching personnel.

### 10. Playing in Non-School Competition

- A. During the time you are participating on a school team in a sport at your high school, you may neither play on a non-school team nor compete in non-school competition as an individual in that same sport or in any skill of that sport.
- B. If you participate in non-school competition during a sport season and subsequently wish to join the school team in the same sport, you will not be eligible.
- C. If you wish to participate in a competition sponsored and conducted by the National Governing Body, or its official Illinois affiliate for the sport, your principal/official representative must request approval in writing from the IHSA Office prior to any such participation.
- D. You may try out for a non-school team while you are on your school's team in that same sport, but you may not practice, receive instruction, participate in workouts, or participate in competition with a non-school team in that same sport until you cease being a member of your school's team. You cease being a member of your school's team when the team(s) of which you are a member terminates for the school term.
- E. You will become ineligible if you participate on, practice with or compete against any junior college, college or university team during your high school career.

### 11. All-Star Participation

- A. After you have completed your high school eligibility in the sport of football, basketball, soccer or volleyball, you may participate in three (3) all-star contests in any of these sports and still play for other school teams, provided the high school season in that sport has been completed. You may lose your eligibility for other interscholastic sports if you play in all-star competition in any of these sports under any other conditions.
- B. You are not restricted from participating in all-star competition in sports other than football, basketball soccer or volleyball, except that you may not do so during the school season for the sport.

### 12. Coaching Schools

- A. A coaching school, camp or clinic is defined as any program, sponsored by an organization or individual, which provides instruction in sports theory and/or skills; which does not culminate in competition, and which is attended by more than two (2) persons from the school which the student attends.
- B. During the school term, you may not attend a coaching school or clinic for any interscholastic sport.
- C. You may attend a coaching school, camp or clinic during the summer (that period between the close of school in the spring and the opening of school in the fall) within the following criteria:
1. You may not attend a coaching school, camp or clinic for any sport after Sunday of Week No. 5 in the IHSA Standardized Calendar.
- D. You may take a private lesson at any time provided no more than two students from your school are in the private lesson.

### 13. Misbehavior During Contests

- A. If you violate the ethics of competition or the principles of good sportsmanship, you may be barred from interscholastic athletic contests, either as a participant or spectator or both.
- B. If you are ejected from a contest for unsportsmanlike conduct, you will be ineligible for your team's next contest. You are also subject to other penalties.

**The complete set of IHSA By-laws and Policies  
is available at [www.ihsa.org](http://www.ihsa.org).**

# PHILOSOPHY OF EXTRA-CURRICULAR ACTIVITIES

Involvement in extra-curricular activities is a privilege afforded to the students who have an interest in the activity and a willingness to follow the special rules and regulations that may be imposed by the coach/advisor. Involvement in extra-curricular activities offers an opportunity to develop positive personality traits like discipline, cooperation, and unselfishness. Hopefully, the fun of being involved and the memories you receive will help balance out the tremendous sacrifices of time and energy that are expended to become a valuable asset to the team organization. Practice time should be made available to all the team members as much as possible when dealing with the obvious time and space constraints. Participation in the games/activities will be determined by the person in the best position to make a fair evaluation - the head coach/advisor. The coach/advisor will use many factors to help him/her in this decision including:

Ability  
Team unity  
Practice habits  
Personality  
Situations

Questions concerning participation time should be addressed from the participant to the coach/advisor. A participant's value to the team/organization and as an individual should never be judged solely by the amount of participation time they receive.

## DEFINITION OF EXTRA-CURRICULAR CODE

The activities covered by this Extra-Curricular Code include:

1. All IHSA sponsored events.
2. All extra-curricular activities that are not subject to grading, including, but not limited to: FCCLA, Pep Band, Cheerleading, Drama, National Honor Society, Pom Pon, Student Council, Yearbook, Academic Bowl, Envirothon, and Servant Leaders.
3. Privileged activities do not apply to the extra-curricular code.
4. The Athletic Council shall consist of head coaches, the principal, athletic director, and two board members.

## PARTICIPATION FEE

All participants in Junior High boys or girls athletics will pay a \$25 participation fee per sport with a maximum of \$50 per JH student. All participants in HS boys or girls athletics will pay a \$35 participation fee per sport with a maximum of \$70 per HS student. A family will pay a maximum of \$75 per year. This fee must be paid by the end of the first week of practice and before the athlete competes in any events. A cooperate fee agreement will be made with the cooperative school. Due to the cost of their uniforms, the Pom Pon squad is not required to pay a participation fee. There will be a \$10 Equipment Fee charged for all football athletes to cover the cost of helmet repairs. Transportation fees for each sport will also be charged. Please refer to "School Fees" in the Student Handbook section for a more detailed explanation.

## PHYSICAL EXAMINATION REQUIREMENTS & ATHLETIC INJURIES

1. Warren Jr/Sr High School shall abide by the Illinois High School Association by-laws, Article I, Section 22, which states that, "He shall not be permitted to engage in practice or play in an interscholastic athletic contest unless he shall have filed with the high school principal a certificate of physical fitness issued by a competent physician and not more than one year preceding such practice or contest."
2. All participants in the athletic program must carry school insurance or sign an insurance waiver.
3. Any school-connected injury shall be reported to the coach. The accident report form must be filed with the office secretary.
4. If an individual has any special medical problems, the coach must be so informed.
5. Should an injury be discovered after the athlete has returned home, he/she should go to his/her physician and report the incident to his/her coach.
6. Athletes who cannot participate in games or practices may be asked for an excuse from the doctor to be given to the coach. A doctor's release form must be given to the coach once again to be able to participate in games and practices.
7. Athletes who have a doctor's excuse and cannot participate in PE will not be allowed to participate in sports, cheer, or pom. This includes practicing and playing in games.

## TRANSPORTATION OF PARTICIPANTS

Warren students are required to ride school-provided bus transportation back to school from “away” extra-curricular events unless their parents have signed the “bus release form”. If the form is signed, students are allowed to ride home from contests **with their own parents only**. On rare occasions with previous permission from the high school administration or A.D., parents may be allowed to permit athletes to travel home with other parents.

## EXTRA-CURRICULAR EQUIPMENT

1. The participant is held financially responsible for any lost or misplaced equipment. Even though the participant pays for lost equipment, it is often times impossible to replace some equipment which is purchased in lots or identified by a certain number, material, or style. The lockers in the locker room will be considered as part of the extra-curricular equipment. The participant will be held financially responsible for any damage occurring to his/her locker during the athletic season.
2. Any person, with unauthorized and/or unissued extra-curricular equipment may be subjected to legal action to obtain equipment or damages.
3. When a participant completes a sport season, he/she is ineligible to receive equipment for a new sport until he/she has paid all fees for lost equipment and turned in all other equipment previously checked out to him/her. At the end of a school year, all participants must return all equipment or pay all fees for lost equipment before receiving a report card.

## COOPERATIVE EXTRA-CURRICULAR ACTIVITIES

Warren participants involved in a cooperative team sport will follow Warren’s extra-curricular handbook. Participants from other schools involved in a cooperative team sport will follow either Warren’s handbook or their school’s handbook as to be determined by their athletic director and school.

## TRAINING RULES AND REGULATIONS FOR ALL EXTRA-CURRICULAR ACTIVITIES

### 1. Prohibited Conduct

No Warren participant is to be using, buying, selling, delivering, or in possession (this includes car, locker, or on self) of:

- **Illegal drugs which include any type of mood altering drugs**
- **Legal drugs taken inappropriately as described**
- **Tobacco**
- **Alcohol**
- **Any look-alike drugs**
- **Possession of drug paraphernalia**
- **Battery, arson, gang activity, possession and/or use of weapons, vandalism or conviction of an offense other than a routine traffic violation**

A first offense that has multiple infractions from the list above will start as a second offense.

**1st Offense:** The individual will be suspended from 20% of the contests/activities but must practice. The 20% will be set by the pre-season scheduled events. He/She will take or start a treatment program recommended by the counselor.

**2<sup>nd</sup> Offense:** Participant will be unable to participate in Warren extra-curricular offerings for 1 (one) calendar year. Note: If the participant completes 50 clock hours of community/school service, the penalty is reduced to 6 calendar months or 40% of the next participating extra-curricular activity season, whichever affects the student’s participation. This is established by the history of the student participation. Freshmen will not have a history of participation.

**3rd Offense:** The student is no longer allowed to participate in Warren extra-curricular offerings.

Athletes who have been suspended may have their suspension reviewed before the Athletic Council providing the following criteria have been met:

1. An attitude change for the better has been achieved and clearly demonstrated over time.
2. A member of the council will sponsor the athlete for the review.
3. A full calendar year has passed prior to the sponsorship and review.
4. The parent(s) or guardian of that person is willing to come before the council to pledge their support in helping said athlete to maintain his or her proper attitude and behavior. The Athletic Council, in closed session, shall discuss and make their recommendation for readmission. Special terms or conditions may be set by the Athletic Council or coach for the athlete to be readmitted to the athletic program. For any incident that is taken before the Athletic Council, the parent(s) or guardian of the athlete may be required to attend the council meeting as a condition of the athletes return to the athletic program.

Should an extra-curricular participant find himself/herself in a situation where illegal activities are taking place, that individual will be considered to be an active participant in those illegal activities if he/she fails to leave immediately after becoming aware of those illegal activities.

These rules and regulations are in effect throughout the entire calendar year.

2. All participants must abide by all rules and regulations as set down by the Illinois High School Association.
3. **Attendance:** All participants involved in any school-related events must be in attendance the full day of an activity to be able to practice or perform. Students must be in school the second half of the day on Friday to participate in weekend activities. Exceptions to this rule are excused absences for:
  - a. Medical or dental appointments amounting to a maximum of ½ day.
  - b. A funeral or wedding with prior permission.
  - c. Prior approved college or vocational school visits.
  - d. The first time an individual is tardy. (Subsequent incidences will be handled by the principal.)
  - e. Emergencies or other approved absences must be cleared through the principal and/or A.D.
4. **Suspensions:** Any participant serving an in-school suspension may not participate in any games or contests for the length of the suspension. He/She may attend practices and games at the coach's/ advisor's discretion. If the coach/advisor wishes them to attend the activity, they must sit behind the bench, stand on the sideline, or stay in the area designated by the coach/advisor and cannot be in uniform.

Any participant receiving an out-of-school suspension from school may not practice or participate in any activities or contests for the length of the suspension plus they will have an additional one-week of activity suspension from the date of re-admittance to school. The coach/advisor may allow the participant to practice during this additional week.

5. **Academic Eligibility:** Any student failing two academic subjects or failing one subject and having two or more D's in other subjects, or 4 D's will not be allowed to participate in any athletic contests. The eligibility status will be determined on a weekly basis. Academic Eligibility runs from Sunday to Saturday. Grades are sent by 7:30 a.m. on Thursday.

Any student who fails two courses or fails one subject and has two or more D's, or 4 more D's the semester will be ineligible for extra-curricular activities for the following school semester.
6. **Specific Training Rules:** All coaches and advisers have the authority to add specific training rules to this list of general rules. These specific training rules must first be approved by both the athletic director and the principal.
7. Participants who quit a sport at any time forfeit the athletic fee. Any boy or girl who quits an extra-curricular sport after the first game must have a conference with the coach/advisor of that sport for determination of the validity of quitting. If validity is not established, parents will be notified of the action taken as indicated below.

1. **The participant shall miss the number of contests in the next sport they go out for equal to the percentage of contests that remained in the sport they quit. Example: A participant who quits with 2 football games remaining misses 5 basketball games. This penalty shall not exceed 50% of the games in any one season.**

2. **The participant shall practice and meet all requirements for the next sport they are involved in.**
3. **The participant shall meet all requirements as set for by the Athletic Council with respect to their return to the Warren Athletic Program.**

### **Parent Responsibilities**

1. Support the Extra-Curricular Code
2. Demonstrate good sportsmanship
3. Support the coach/advisor
4. Communicate concerns through proper channels at an appropriate time (48 hours or more) and in a responsible manner
  - 1<sup>st</sup> – Coach/Advisor
  - 2<sup>nd</sup> – Athletic Director (**Athletes Only**)
  - 3<sup>rd</sup> – Principal
  - 4<sup>th</sup> – Superintendent
  - 5<sup>th</sup> – School Board
5. **Support the participant and the participant’s programs/activities by providing positive encouragement.**
6. **Parent/guardian must sign the Parent’s Pledge portion of the Student Pledge Sheet indicating an understanding of the code and must be turned in to the Athletic Director before students may participate in an extra-curricular activity.**

**If a parent or guardian exhibits conduct not in compliance with these guidelines, the coach, activity advisor, administrator or athletic director may request a meeting with the parent/guardian to discuss their conduct. If the parent/guardian refuses to meet or if the conduct persists, the parent/guardian may be prohibited from attending extra-curricular activities.**

## **EXTRA-CURRICULAR AWARDS**

1. The individual coach of such sport shall be responsible for the granting or withholding of awards.
2. The following types of awards shall constitute our award system:
  - a. Varsity – 7 inch chenille block “W” letter
  - b. Fresh/Soph – 5 inch chenille block “W” letter
  - c. Freshmen – 3 inch numeral signifying year of graduation
  - d. Certificate of participation
  - e. Sport pins
  - f. Service bars
3. The following factors shall guide each coach in the granting of awards:
  - Amount of actual game participation.
  - Length of time spent in practice and faithfulness in attendance.
  - Number of seasons engaged in activity.
  - Attitude towards self-improvement, team play, and general practice regulations.
  - Observance of training regulations.
  - Special factors such as injuries, illness, etc.
  - General conduct and sportsmanship in all school activities, including athletic and non-athletic activities.
  - All equipment and financial responsibilities have been satisfied promptly after the season is over.
4. An award may be withheld for failure to meet the requirements in any of the above factors.
5. At the discretion of the coach, a varsity award may be given to a senior athlete who has been a full-time member of the squad for two years.

6. Any participant who meets all the requirements of the athletic code and training regulations while also remaining a member of the squad for the entire season, including the Awards Banquet, shall receive a certificate for their sport. In addition to this certificate, they will receive any numerals, letters, pins, and/or bar to signify the years he/she has lettered in that sport.
7. An athlete qualifying for their first varsity award will receive a varsity letter, a sport pin, and a bar. Thereafter, the athlete will receive a bar to signify the years he/she has lettered in that sport.

## **QUALIFICATIONS AND REQUIREMENTS FOR AWARDS**

### **1. Manager Awards:**

- a. The manager must meet all the requirements of the athletic code and training regulations.
- b. He must remain a member of the squad for the entire season, including the Awards Banquet.
- c. Freshman manager of the Fresh/Soph team will receive numerals only.
- d. Sophomore manager of Fresh/Soph team will receive Fresh/Soph letter only.
- e. Managers of Varsity teams shall receive a varsity award.

### **2. Football Awards:**

- a. The player must meet all the requirements of the athletic code and training regulations. (Varsity letter, Fresh/Soph letter, Fresh numerals)
- b. He must remain a member of the squad the entire season, including the Awards Banquet. (Varsity letter, Fresh/Soph letter, Fresh numerals)
- c. He must participate in one quarter more than one-half of the quarters the team plays. (Varsity letter, Fresh/Soph letter)
- d. Any senior on the Varsity squad who has played one-fourth of the quarters in the total schedule and has been a member of the football teams for at least two years shall be eligible. (Varsity letter)
- e. The football trophies will consist of:
  - Most valuable player
  - Most improved player
  - Co-captains
  - Best defensive player
  - Best offensive player
  - Spirit award
  - Best special team's player

### **3. Basketball Awards:**

- a. The player must meet all the requirements of the athletic code and training regulations. (Varsity letter, Fresh/Soph letter, Fresh numerals)
- b. The participant must remain a member of the squad for the entire season, including the Awards Banquet. (Varsity letter, Fresh/Soph letter, Fresh numeral)
- c. The participant must participate in twenty or more quarters during a season. If a season consists of less than twenty contests, a participant must participate in one-fourth of the total quarters in the schedule. (Varsity letter, Fresh/Soph letter)
- d. Any senior who participates at least two years at the discretion of the coach. (Varsity letter)
- e. The basketball trophies will consist of:

**Boys:** Most valuable player  
 Most improved player  
 Best defensive player  
 Co-captains  
 Rebound award  
 Hustle award

**Girls:** Most valuable player  
 Most improved player  
 Best defensive player  
 Rebound award  
 Assist leader  
 Co-captains  
 Spirit award

#### **4. Track Awards:**

- a. The participant must meet all the requirements of the athletic code and training regulations. (Varsity letter, Fresh/Soph letter, Fresh numerals)
- b. A participant must remain a member of the squad for an entire season, including the Awards Banquet. (Varsity letter, Fresh/Soph letter, Fresh numerals)
- c. A participant must accumulate a specific number of points during the season as determined by the coaches. (Varsity letter)
- d. Any senior who participates at least two years at the discretion of the coach. (Varsity letter)
- e. The track trophies will consist of:
  - Most valuable player
  - Captain
  - Most sprint points
  - Most middle distance points
  - Most long distance points
  - Most relay points
  - Most special events points

#### **5. Baseball Awards:**

- a. The player must meet all the requirements of the athletic code and training regulations. (Varsity letter, Fresh/Soph letter, Fresh numerals)
- b. A participant must remain a member of the squad for the entire season, including the Awards Banquet. (Varsity letter, Fresh/Soph letter, Fresh numerals)
- c. A participant must participate in one game more than one-half of the games that the team plays. (Varsity letter, Fresh/Soph letter)
- d. Any senior who participates at least two years at the discretion of the coach. (Varsity letter)
- e. The baseball trophies will consist of:
  - Most valuable player
  - Most improved player
  - Best hitter
  - Best defensive player
  - Captain
  - Spirit award
  - Best base runner

#### **6. Volleyball Awards:**

- a. The player must meet all the requirements of the athletic code and training regulations. (Varsity letter, Fresh/Soph letter, Fresh numeral)
- b. A participant must remain a member of the squad for the entire season, including the Awards Banquet. (Varsity letter, Fresh/Soph letter, Fresh numerals)
- c. A participant must participate in one game more than one-half of the games that the team plays. (Varsity letter, Fresh-Soph letter)
- d. Any senior who participates at least two years at the discretion of the coach. (Varsity letter)
- e. The volleyball trophies will consist of:
  - Most valuable player
  - Best offensive player
  - Best defensive player
  - Best server
  - Spirit award
  - Most improved player
  - Captain

## **7. Golf Awards:**

- a. The player must meet all the requirements of the athletic code and training regulations. (Varsity letter, Fresh/Soph letter, Fresh numerals)
- b. The participant must remain a member of the squad for the entire season, including the Awards Banquet. (Varsity letter, Fresh/Soph letter, Fresh numeral)
- c. A participant must participate in one match more than one-half of the meets that the team plays. (Varsity letter, Fresh/Soph letter)
- d. Any senior who participates at least two years at the discretion of the coach. (Varsity letter)
- e. The golf trophies will consist of:
  - Most valuable player
  - Most improved player
  - Best putter
  - Low season average

## **8. Cheerleading Awards:**

- a. A cheerleader must meet all the requirements of the athletic code and training regulations.
- b. She must remain a member of the squad for the entire season, including the Awards Banquet
- c. Each cheerleader will receive a pin for each sport (football or basketball).
- d. Any cheerleader who has participated and met all requirements for four seasons and with the discretion of the coach will receive a cheerleading trophy.

## **9. Mascot Awards:**

- a. The mascot who has met all the requirements of the athletic code and training regulations for one school year will receive a first year star.
- b. The mascot who has met all the requirements of the athletic code and training regulations for two years and, with the discretion of the coach, shall receive a four-year star and a mascot trophy.

## **10. Pom Pon Awards:**

- a. The participant must meet all the requirements of the athletic code and training regulations.
- b. She must remain a member of the squad for the entire season, including the Awards Banquet.
- c. Each member will receive a bar pin for each year of service. The captain will receive a star pin.
- d. Any pom pon member who has participated and met all of the requirements for 4 seasons, with the discretion of the coach, will receive a pom pon trophy.

## **11. High School Student Council Awards**

- a. A student must earn 15 points in order to receive a pin.
- b. A total of 12 points must be earned to run for HSSC the following year.
- c. A total of 15 points must be obtained to run for an office the following year.
- d. Outstanding upper and lower classmen will be selected at the end of the school year. A total of 15 points is required. The winners will be determined by a vote of the HSSC.

## **12. FCCLA**

- a. 1st Degree – 100 points
- b. 2nd Degree – 125 points plus 1st Degree earned in a previous year.
- c. 3rd Degree – 150 points plus 1st and 2nd Degrees earned in previous years.
- d. 4th Degree – 175 points plus 1st, 2nd, and 3rd Degrees earned in previous years.

## **13. Academic Team Awards**

- a. Most Valuable Player
- b. Captain

## WALL OF HONOR

The "Wall of Honor" consists of a group of elite athletes who have met at least one of the following criteria:

- They have earned a minimum of seven varsity letters.
- They have received All-State, All-Region, or played in an All-State sanctioned game.
- They have made first team All-Conference 3 or more times.
- They have received the MVP Conference Award, DeHaven Award, Keith Miller Award, Jamie Koehn Award, etc. or were named Player of the Year.

A player may be excluded from the Wall of Honor if they have broken the training rules as laid out in the Athletic Handbook or if they have been ineligible for a semester.

